

Beleza Plastic Surgery & Medi-Spa

MEDICATIONS AND SUPPLEMENTS TO AVOID 4 WEEKS PRIOR TO YOUR SURGERY

Patients scheduled for surgery should discontinue taking products listed below AND ALL HOMEOPATHIC MEDICATIONS for 4 weeks prior to procedure. These medications may cause bleeding and/or clotting problems, anesthesia interactions and delayed wound healing during/after the procedure. Included are Brand name/Generic name. **TYLENOL IS PERMISSIBLE!**

Adipex/Phentermine
Advil/Ibuprofen
Alcohol (INCLUDES WINE NOT EVEN A SIP!)
Aleve/Naproxen Sodium
Alka-Seltzer (aspirin+ chlorpheniramine+ phenylephrine)
Anacin/Aspirin + Caffeine
Anaprox/Naproxen Sodium/Anaproxen
Ansaid/Flurbiprofen
APC (Acetylsalicylic acid + Phenacetin + Caffeine)
Arthritis Pain Relief
Arava – Rheumatoid Arthritis Drug
Ascriptin/ASA/Ascodeen-30/Children’s Aspirin/Aspirin
Asendin/ Amoxapine
Aspercream/Trolamine Salicylate
Azulfidine – Rheumatoid Arthritis Drug
Aspergum/Bayer Aspirin
BC Cold Powder/Phenylephrine +Acetaminophen + Pseudoephedrine
BC Powders/Aspirin + Salicylamide+ Caffeine
Brufen/Ibuprofen
Buff-A-Corn/Bufadyne/Bufferin/Bufex/ Aspirin
Butalbital
Butazolidin- NSAID
Cama /Cama-Inlay/Caprin/Caspirin/Aspirin
Caffeine
CBD Oil/CBD Gummies
Cephalgesic/Magnesium + Phenylalanine + L-Alanine + L-Glutamine + L-Histidine + Tanacetum Parthenium
Celebrex/Celecoxib
Cheracol/Guaifenesin +Codeine/Robitussin A-C
Clinoril/Sulindac
Conaterol and Contrave
Congespirin/Acetaminophen + Phenylephrine + Aspirin
Cope/Aspirin + Caffeine
Coricidin /Acetaminophen + Chlorpheniramine
Coumadin/Warfarin
Darvon with ASA/Propoxyphene + Aspirin
Darvon Compound/ Propoxyphene hydrochloride + Aspirin +
Daypro / Oxaprozin
Disacid /Salsalate
Doan’s/ Magnesium Salicylate
Dolia
Dolobid / Diflunisal
Dristan/ Ibuprofen + Pseudoephedrine
Duradyne / Lorcet/Lortab/Norco/Vicodin
Duragesic / Fentanyl
Easprin /Ecotrin/Empirin/Measurin/ Aspirin

Elmiron / Pentosan Polysulfate
Emprazol
Enbreal – Rheumatoid/Biologic Arthritis Drug
Equagesic/ Meprobamate + Aspirin
Etodolic/Lodine
Excedrin / Acetaminophen + Aspirin + Caffeine
Feldene / Piroxicam
Fiorinal / Aspirin + Butalbital + Caffeine
Floradix
Fluribiprofen-Sodium/Ocufen
Four Way Cold/ Oxymetazoline nasal spray
Goody’s Extra Strength/ Acetaminophen + aspirin + caffeine
Heparin
Humira – Rheumatoid Arthritis Drug
Advil/Caldolor/ IBU/Motrin / NeoProfen / **Ibuprofen**
Indocin/Indomethacin
Lovaza
Marijuana/Recreational Drugs
Magsel /Magnesium Salicylate + Phenyltoloxamine
Mecolmen / Meclofenamate
Medasal
Medipren /**Ibuprofen**
Measurin/Aspirin
Methotrexate – Rheumatoid Arthritis Drug
Ponstel / Mefenamic Acid
Max Powder
Midol/Midol-200/Ibuprofen
Mobix
Midol PMS/ Acetaminophen + Pamabrom/Pyrilamine
Mobic/Meloxicam
Mobicgesic / Magnesium salicylate + Phenyltoloxamine
Mobiflex / Tenoxicam
Monacet w/Codeine
Momenturn Muscle Back
Motrin /Ibuprofen
Nalfon /Fenoprofen
Naprosyn / Naproxen
Nardil / Phenelzine
Naxon
Norgesic /Orphenadrine + Aspirin + Caffeine
Norgesic Forte / Orphenadrine + Aspirin + Caffeine
Nuprin /Ibuprofen
Orudis / Ketoprofen
Oruvail / Ketoprofen
Oral Contraceptives*(Tummy
Tucks/Facelifts
Pabirin Buffered

Initials _____

Panadynes
Panalgesic / BenGay/ Icy Hot
Parnate / Tranylcypramine
Pentasa / Mesalamine
Pepto-Bismol/Bismuth Subsalicylate
Percodan/ Aspirin + Oxycodone Hydrochloride
Percodan-Demi/ Aspirin + Oxycodone
Persantine / Dipyridamole
Persistin
Phenaphen/Acetaminophen
Phenylbutazone/ Butazolidine
Plaquenil – Rheumatoid Arthritis Drug
Ponderal/Fenfluramine (weight loss medication)
Ponstan/ Mefenamic acid
Prograf/Envarsus XR/Astagraf XL - Biologic
Remicade - Biologic
Relafen/ Nabumetone
Robaxial/ Methocarbamol + Aspirin
Rogaine/ Minoxidil Topical
Rufan
Salazopyrin/ Sulfasalazine
Salofalk/ Salicylate
Salonpas Pain Relief Patch
Sine-Aid/ Ibuprofen + Pseudoephedrine
Sine-Off/ Acetaminophen + Pseudoephedrine
Soma w/Codeine/ Carisoprodol + Codeine
Stanback Powder/ Aspirin/ Ecotrin
Stendin
Stelera - Biologic
Stero-Darvon with Asprine
Supac / Acetaminophen + Aspirin + Caffeine
SX-65 Compound
Synalgos / Dihydrocodeine + Aspirin + Caffeine
Synalgos DC / Dihydrocodeine + Aspirin +Caffeine
Talwin / Pentazocine + Naloxone
Ticlid / Ticlopidine
Tolectin / Tolmetin
Toradol / Ketorolac
Trandate /Labetalol
Trental/Pentoxifylline
Trialgescic
Triaminicin/ Aspirin
Trillisate/ Choline Magnesium Trisalicylate
Ursinus Inlay/ Aspirin + Pseudoephedrine Hydrochloride

Vivo Med
Voltaren/ Diclofenac
Wesprin
XelJanz – Rheumatoid Arthritis Drug
Xenical/ Orlistat (weight loss medication)
Zactrin/ Fluoxetine Hydrochloride
Zorpin

DRINKS AND SUPPLEMENTS:

Bilberry/Booster Juices
Dong Quai
Echinacea/Ephedra/Evening Primrose Oil
Feverfew
Fish Oil/Omega-3
Garlic (you may eat garlic-don't take supplement form)
Ginger (you may eat ginger-don't take supplement form)
Ginkgo Biloba/Ginseng/Goldeneal

Green Tea and Green Tea Extract

Hawthorne
Juice Plus Kava Kava
Licorice
Melatonin

Multivitamins/Vitamin E

Red Bull
Red Clover
Red Yeast Rice

Resveratrol

Sobe Beverages
St John's Wort/Tumeric/Valerian/Vitamin E/Yohimbe
Vitamin Water

MEDICATION THAT SHOULD BE STOPPED 1-2 DOSES

PRIOR TO SURGERY:

Janumet/ Sitagliptin + Metformin
Metformin/ Fortamet/Glucofage/Glucetza/Riomet
Actoplus Met/ Actos + Metformin
Avandaryl / Avandia + Metformin
Glucovance / Glyburide + Metformin
Metaglip / Glipizide + Metformin
PrandiMet / Prandin + Metformin

***If you have been prescribed an antibiotic after your surgery, please be advised that some antibiotics may make oral contraceptives less effective. An added method of birth control is recommended.**

Patient Signature _____ Date _____